




# SEPTEMBER 2025

The Serenity Center is a program of Community Care Alliance. Find out more at [www.communitycareri.org](http://www.communitycareri.org)

Please call (401) 488-4426 for info about meetings, supports & groups

**FREE NARCAN KITS and Harm Reduction Kits**

**The Serenity Center**  
66 Social Street, Woonsocket, RI 02895

SUNDAY	MON 9-4	TUES 9-4	WED 9-8	THURS 9-8	FRI 9-8	SAT
<b>No Appointment Necessary!</b>	1  <b>Closed in Observance of Labor Day</b>	2 10AM MH Check In 11AM Just For Today 11:30AM Daily Reflections 1PM A Woman's Way 2PM- Mindfulness	3 10:30AM MH Check In 11AM Just For Today 11:30AM Daily Reflections 1PM S.M.A.R.T Recovery Meeting 2:30PM- Chip Meeting	4 10:30AM MH Check In 11AM Just For Today 11:30AM Daily Reflections 1PM Life Skills/ Let's Talk Sex	5 10AM MH Check In 11AM Daily Reflections 11:30AM Just For Today 1PM Seeking Safety 2PM- What's Coming	6 <b>Closed</b>
7 <b>Community Engagement Location- TBD</b>	8 10AM MH Check-In 11AM Just For Today 1PM Art Therapy 2PM Journaling 3PM Reflection Walk	9 10AM MH Check In 11AM Just For Today 11:30AM 24 HOURS 1PM Life Skills 2PM Managing Anger 3PM Let That Go-ish	10 10:30AM MH Check In 11AM Chip Meeting 11:30AM Daily Reflections 1PM S.M.A.R.T Recovery 2PM Overcoming Stigma's of M.A.T 3PM What Works for YOU	11 10AM MH Check In 11AM Just For Today 11:30AM Daily Reflections 1PM Life Skills- Communication 2PM Life Skills- Resume Writing/ Job Search	12 10:30AM MH Check In 1PM Seeking Safety 2PM Recovery Trivia 3PM What's coming! weekly Wrap-Up	13 <b>Rally 4 Recovery RI</b> 195 District Park in Downtown Providence.
14 <b>Community Engagement Location- TBD</b>	15 10:30AM MH Check-In 11AM Mindfulness 11:30AM Grief & Loss 1PM Art Therapy 2PM Journaling 3PM Reflection Walk	16 10:30AM MH Check-In 1PM Daily Reflections 1:30PM Just For Today 2Pm Men's Group (Touchstones)	17 10AM MH Check-In 10:30AM Chip Meeting 11AM Just For Today 1PM Self Esteem, Self-Care, Self-Awareness 3PM Life Recovery Work Group	18 10AM MH Check-In 11AM Just For Today 1PM Step Meeting 2PM Daily Reflections 2:30PM Life Skills/Money Management	19 10:30AM MH Check In 11AM Just For Today 1PM Seeking Safety 2PM Recovery Bingo 3PM Weekly Info Wrap What's coming	20 <b>Closed</b>
21 <b>Community Engagement Location- TBD</b>	22 10:30AM MH Check-In 11AM Just For Today 11:30AM Affirmations 1PM Art Therapy 2PM Journaling 3PM Reflection Walk	23 10AM MH Check In 11AM N.A. Open 1PM Naloxone Training 2PM Why Harm reduction helps	24 10AM MH Check-In 11Am Daily Reflections 11:30AM Just For Today 1PM A Woman's Way 2PM Life Recovery Work Group 3PM Journaling	25 10AM MH Check In 11AM Self Affirming mindset 11AM Daily Reflections 11:30AM Just For Today 1PM Let's talk sex Part 2	26 10AM MH Check In 1PM Seeking Safety 2PM Overcome 3PM Weekly Info Wrap What's coming	27 <b>Closed</b>
28 <b>Community Engagement Location- TBD</b>	29 10:30AM MH Check-In 11AM Just For Today 11:30AM Grief & Loss 1PM Art Therapy 2PM Journaling 3PM Reflection walk	30 10:30AM MH Check-In 11AM 24 Hours 11:30AM Just For Today 1PM Men's Group (Touchstones)				

