



# JANUARY 2026



Please call (401) 488-4426 for info about meetings or events

**FREE NARCAN and Harm Reduction KITS are available 5 days/week**

The Serenity Center is a program of  
Community Care Alliance. Find out more at  
[www.communitycareri.org](http://www.communitycareri.org)

The Serenity Center  
66 Social Street, Woonsocket, RI 02895

SUNDAY CLOSED	MON 9-4	TUES 9-4	WED 9-4	THURS 9-4	FRI 9-3	SATURDAY CLOSED
				1  closed for holiday	2 10AM MH Check-In 11AM Daily Reflections 11:30AM Just For Today 1PM Seeking Safety 2PM What's Coming Up!!	
	5 10AM MH Check-In 11AM Just For Today 1PM Art Therapy 2PM Journaling 3PM Open	6 10AM MH Check-In 11AM Just For Today 11:30AM 24 Hours 1PM Life Skills Communication 2PM Managing Anger 3PM Let That Ish Go	7 10:30AM MH Check-In 11AM Chip Meeting 11:30AM Daily Reflections 1PM N.A 2PM M.A.T Overcoming Stigmas 3PM What Works For You (exploring recovery paths)	8 10AM MH Check In 11AM Just For Today 11:30AM Daily Reflections 1PM Life Skills/ Communications 2PM Life Skills/Resume Writing & Job Search	9 10:30AM MH Check-In 1PM Seeking Safety 2PM Recovery Trivia 3PM What's Coming!! Weekly Wrap	
	12 10:30AM MH Check-In 11AM Mindfulness 11:30AM Grief & Loss 1PM Art Therapy 2PM Journaling 3PM Open	13 10:30AM MH Check-In 1PM Daily Reflections 1:30PM Just For Today 2PM Touchstones- Men's Group	14 10AM MH Check-In 10:30AM Chip Meeting 11AM Just For Today 1PM Self-Esteem, Care & Awareness 3PM Life Recovery Work Group	15 10AM MH Check-In 11AM Just For Today 1PM Step Meeting 2PM Daily Reflections 2:30PM Life Skills/ Money Management	16 10:30AM MH Check-In 11AM Just For Today 1PM Seeking Safety 2PM Recovery BINGO 3PM What's Coming Up!	
	19  closed for holiday	20 10AM MH Check-In 11AM N.A Open 1PM Naloxone Training 2PM Why Harm Reduction Helps	21 10AM MH Check-IN 11AM Daily Reflections 11:30AM Just For Today 1PM A Woman's Way 2PM Life Recovery Work Group 3PM Journaling	22 10AM MH Check-In 11AM Self Affirming 11AM Daily Reflections 11:30AM Just For Today 1PM Life Skills/ Money Management	23 10AM MH Check-In 1PM Seeking Safety 2PM OVERCOME 3PM Weekly Wrap	
	26 10:30AM MH Check-In 11AM Just For Today 11:30AM Daily Reflections 1PM Art Therapy 2PM Recovery Q & A	27 10:30AM MH Check-In 11AM Just For Today 11:30AM Coping 1PM Daily Reflections 1:30PM Self Care	28 10:30AM MH Check-In 11AM Daily Reflections 11:30AM Just For Today 1PM Meditation & Self- Reflection 2PM Journaling 2:30PM Staying Grounded	29 10AM MH Check In 11AM Talk To Us 1PM Triggers/Coping 2PM Relapse Prevention 3PM Identify your safety network	30 10:30AM MH Check-In 11AM Just For Today 11:30AM Daily Reflections 1PM Seeking Safety	