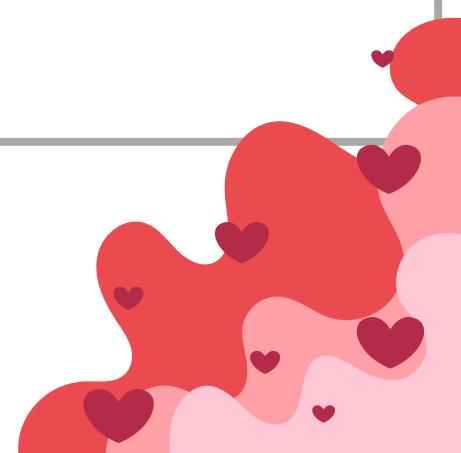




The Serenity Center is a program of Community Care Alliance. Find out more at www.communitycareri.org

Please call (401) 488-4426 for info about meetings or events
FREE NARCAN & Harm Reduction Kits Available M-F

The Serenity Center
66 Social Street, Woonsocket, RI 02895

| SUN CLOSED | MON 9-4 | TUES 9-4 | WED 9-4 | THURS 9-4 | FRI 9-4 | SAT CLOSED |
|----------------------------------|--|---|--|--|--|---|
| No Appointment Necessary! | | | | | | |
| | 2 10AM MH Check-In 11AM Just For Today 1PM Art Therapy 2PM Journaling 3PM Open | 3 10AM MH Check-In 11AM Just for Today 11:30AM 24 Hours 1PM Life Skills (Communication) 3Pm Let That ISH Go! | 4 10:30AM MH Check-In 11AM Chip Meeting 1PM N.A. 2PM Overcoming Stigmas of M.A.T 3PM Recovery Paths that Work for You | 5 10AM MH Check-In 11AM Just For Today 11:30AM Daily Reflections 1PM Life Skills (Communication) 2PM Life Skills (Resume/Job Search) | 6 10:30AM MH Check-In 1PM Seeking Safety 2PM Recovery Trivia 2:30PM Gratitude 3PM What's Coming- Weekly Wrap | |
| | 9 10:30AM MH Check-In 11AM Mindfulness 11:30AM Grief & Loss 1PM Art Therapy 2Pm Journaling 3Pm Open | 10 10:30AM MH Check-In 1PM Daily Reflection 1:30PM Just For Today 2PM Men's Group (Touchstones) | 11 10AM MH Check-In 10:30AM Chip Meeting 11AM Just For Today 1PM Self-Care 3PM Life Recovery Work Group | 12 10AM MH Check-In 11AM Just For Today 1PM Self Love Event 3PM Reflection | 13 10:30AM MH Check-In 11AM Just For Today 1PM Seeking Safety 2PM Recovery Bingo 3PM What's coming up weekly wrap |  |
| | 16 10:30AM MH Check-In 11AM Just For Today 11:30AM Affirmations 1PM Art Therapy 2PM Journaling 3PM Open | 17 10AM MH Check-In 11AM N.A. Open 1PM Naloxone Training 2PM Why Harm Reduction Helps? | 18 10AM MH Check-In 11AM Daily Reflections 11:30AM Just For Today 1PM A Woman's Way 2PM Life Recovery Workgroup 3PM Journaling | 19 10AM MH Check-In 11AM Self-Affirming Mindset 11AM Daily Reflections 11:30AM Just For Today 1PM Life Skills (Let's Talk) | 20 10AM MH Check-In 1PM Seeking Safety 2PM Recovery Bingo 3PM What's coming weekly wrap | |
| | 23 10:30AM MH Check-In 11AM Just For Today 11:30AM Daily Reflections 1PM Art Therapy 2PM Recovery Q & A | 24 10:30AM MH Check-In 11AM Just For Today 11:30AM Coping 1PM Daily Reflections 1:30PM Self-Care | 25 10AM MH Check-In 11AM Daily Reflections 11:30AM Just for Today 1PM Meditation & Refection 2PM Journaling 2:30PM Stay Grounded in Recovery | 26 10AM MH Check-In 11AM Talk To Us 1PM Triggers & Coping 3PM Identifying my Safety Network | 27 10:30AM MH Check-In 11AM Just For Today 11:30AM Daily Reflections |  |